



4 May 2016

All Affiliates/Club

5th SINGAPORE YOUTH OLYMPIC FESTIVAL TAEKWONDO CHAMPIONSHIPS

The 5th Singapore Youth Olympic Festival (SYOF 2016) Taekwondo Kyorugi Championships will be held on **25 June and 26 June 2016** at **Woodlands Sports Complex** ..

Documents pertaining to the competition are attached.

For this year's competition, please note the following information.

- The organizers will not accept incomplete submission. Submission after the closing date – that is, 1 **June 2016 (Wed)** by 1600hrs – will be rejected.
- **Participating team must provide at least one referee per every 30 participants** for the duration of the championships to qualify for participation. The referee may not be the same person. For example, it is acceptable for a club to submit four referees, one each for every competition day. A club will be barred from future participation if its referee fails to fulfill his or her obligations without the approval of the Tournament Chairman.
- **Each affiliate is allowed to field in more than one player per weight category per division for Kyorugi event** .And No limit to the number of participants a club can field for the Poomsae event.
- The eligibility grade for the championships shall be based on **April 2016 (Second quarter grading season)** grading or the player's last grading before April 2016 if he or she did not take his or her grading in that season.
- Weigh-in shall be conducted on the competition day . During Weigh-in contestant shall wear T-shirt & short. However , weigh-in may be conducted in the nude if the contest wishes to do so (Inside room). There will be only one weigh-in. Players who are over weight or under weight shall be disqualified. A weigh-in machine similar to the one used for the official weigh-in shall be provided for the players to check their weight before they are officially weighed. No weight allowance will be given.
- Male and female players are required to wear the following equipment on entering the arena: head gear, trunk protector, forearm guard, shin guard groin guard, gloves and mouth piece.
- **In the use of PSS. PSS equipment will be issued to the contestants**
- **Doctor's clearance will be required for those with pre-existing medical conditions**

If you require any clarifications, please do not hesitate to call me at 91064421 or any of the Secretariat staff at 63451491.

We look forward to your continued support and co-operation for a smooth, successful and memorable tournament.

Lee Thiam Poh ,Andy
Head Tournament
Singapore Taekwondo Federation



TAEKWONDO COMPETITION RULES & REGULATIONS

(Updated on 1 May 2016)

1 Date & Venue

- 1.1 Registration : Open from 30 May 16 (Monday) to 1 June 16 (Wednesday) ,
from 9.30am to 12.00pm and 2.00pm to 4.00pm at STF's office
- 1.2 Briefing & Drawing of lots : 12 June 2016 (Sunday)
4.30 pm to 6.30 pm at STF's National Training Centre
- 1.3 Preliminaries & Finals : 25 June 16 to 26 June 2016 (Saturday & Sunday)
at Woodlands Sports Complex

(The organising committee reserves the right to change the schedule as it deems fit)

2 ELIGIBILITY

- 2.1 Open to **Singapore Citizens** only.
- 2.2 Members of clubs affiliated to **Singapore Taekwondo Federation** (STF).
- 2.3 Kyorugi : For Red belt, Poom belt and Black belt holders only.
- 2.4 Poomsae : Individual event Only

- Black / Poom - 1st and higher
- Red & Red (BT) - Grade 1 & 2
- Blue & Blue (RT) - Grade 3 & 4
- Green & Green (BT) - Grade 5 & 6
- Yellow & Yellow (GT) - Grade 7 & 8
- White (YT) - Grade 9

(Based on highest grade obtained on or before the **April 2016** ,second quarter grading season.)

RECOGNISED POOMSAE

Category	Compulsory Poomsae
White Belt (Grade 9)	Preliminary Poomsae
Yellow Belt (Grade 7 & 8)	Taegeuk Il Jang
Green Belt (Grade 5 & 6)	Taegeuk Sam Jang
Blue Belt (Grade 3 & 4)	Taegeuk O Jang
Red Belt (Grade 1 & 2)	Taegeuk Chil Jang
Black / Poom Belt (1st & higher)	<i>*Koryo / **Keumgang</i>

**First Poomsae for Semi-Finals round ,and ** second Poomsae for Final round*

3 CLASSIFICATIONS (Kyorugi & Poomsae)

Youth Category : **14 to 17 years old**
(Born on year 1999 & 2002)

(Details on the weight divisions are provided in the registration form)

4 NUMBER OF PARTICIPANTS

- 4.1 Kyorugi : **No Limit to the number of participants a club can field per weight category.**
- 4.2 Poomsae : There is No Limit to the number of participants a club can field for the individual event.

5 UNIFORM

- 5.1 Contestants shall wear the official uniform of the STF. Those who fail to observe this rule will be barred from participation.

6 FIXTURES

- 6.1 The tournament fixtures will be ready on STF's web (www.stf.sg) and SYOF's web (www.syof.sg/) by 16 June 2016 (Thu).

7 WEIGH-IN

- 7.1 It is compulsory for all participants to undergo the official weigh-in on the event days.
- 7.2 Weigh-in shall be conducted once. Switching of weight categories after weigh-in will not be allowed.
- 7.3 During weigh-in contestant shall wear T-shirt & short. However, weigh-in may be conducted in the nude if the contest wishes to do so (inside room).
- 7.4 No weigh allowance given. Players who are over weight or under weight shall be disqualified.

8 DRAWING OF LOTS

- 8.1 Only one representative per affiliate will be allowed to participate in draw which will be conducted on 12 June 2016 (Sunday) @ 4.30pm at STF's National Training Centre.

9 CONTEST

- 9.1 At least three (3) contestants in any of the categories will be counted in the overall tally for the team title.

10 METHOD OF COMPETITION

- 10.1 Single elimination system.

11 RULES AND REGULATIONS

- 11.1 WTF and STF rules will apply.
- 11.2 Free sparring will be conducted in 3 rounds of **1.5 or 1.0 minutes** each with **30 seconds** rest in between rounds. The organising committee reserves the right to modify the duration.
- 11.3 Kicking to the head is prohibited. The competitor who executes a kick to the head will be immediate disqualification.

12 REGISTRATION

- 12.1 Registration for the championships will be open from 30 May 16 (Mon) to 1 June 16 (Wed) from 9.30am to 12.00pm and 2.00pm to 4.00pm at the STF's office.
- 12.2 **Provide photocopy** and proofs of participants' grades and ages are required for verification. Grading cards, blackbelt/poom certificates, birth certificates and passports are acceptable as documentary proofs.
- 12.3 Submission of in-completed registration form will constitute in disqualification of the participant. Submission **after 1 June 16 @ 1600 hours** will not be accepted.

12.4 Registration Fees : **S\$12.00** per contestants.

13 PROVISION OF REFEREE

13.1 All participating teams or clubs are compulsory to provide sufficient qualified National Referee for the tournament. Based on one Referee for every 30 participants per club.

14 COMPETITION OFFICIAL COACH PASS

14.1 All coaches are required to display their professional coach passes before entering the field of play.

14.2 Professional coach passes will be required for all tournaments organized or sanctioned by the Singapore Taekwondo Federation henceforth without exception.

15 EQUIPMENT

15.1 Participants are responsible for their own protective equipment.

15.2 All competitors will be required to wear the following protective equipment on entering the contest area :

Head gear , Trunk protector , Groin guard , Forearm guard , Shin guard , Gloves and Mouthpiece .

15.3 Equipment used for the competition must be approved by the STF.

15.4 In the use of PSS. PSS equipment will be issue to the contestants.

16 AWARDS

16.1 The following prizes will be presented:

1 st place	: One Gold Medal
2 nd place	: One Silver Medal
3 rd place	: Two Bronze Medals

16.2 All medal winners must be present in FULL uniform to receive their prizes.

16.3 Vouchers will be giving out to the 1st and 2nd placing medalists only.

17 DECLARATION

17.1 Any previous training in other martial arts must be declared. (e.g. types of martial art ; level and years of training) ;

17.2 Affiliate representatives (Manager / Coaches) must ensure that parents of participants under 21 years old personally endorse the indemnity forms. They will be held responsible if the forms contain fake signatures.

18 RANDOM CHECK

18.1 Random weight checks and participant's grade and ages checks will be conducted during the tournament . Contestants, who fail their requirement, shall be disqualified.

19 PROTEST

19.1 Any protest against a judgment shall be made on a prescribed form and submitted together with the fee of **S\$200.00** to the Competition Supervisory Board within **10** minutes of the pertinent contest.

20 ENQUIRIES

21.1 For further clarification, please call: STF Secretariat at Tel: 6345 149 , or Mr. Andy Lee Thiam Poh (Head, Tournament) at 9106 4421

GUIDELINES

CODE OF CONDUCT

The following guidelines are not intended to be exhaustive and include at the absolute minimum the code of conduct herein described.

1. The participants must at all times conduct and behave themselves in a manner befitting of a Taekwondo exponent and will take reasonable care to ensure that the good name of the Federation will not be tarnished by rowdy or bad behavior.
2. The decisions of all judges and referees are deemed final save that in the event of a genuine dispute or disagreement, the complainant must:
 - a) **Refrain from use of abusive language;**
 - b) **Channel his / her protest through the Team Manager or coach of his / her club to an authorised official of the Federation on the day of the event.**
3. Any attempts to discredit any officials, judges, and referees without good cause subjects those participants to disciplinary actions.
4. No one, including the Team Manager or coaches is allowed to step beyond the boundary line of the RECORDER'S table.
5. Anyone previously disqualified is not allowed to participate without first seeking clearance from the Secretariat.
6. The Federation and / or its organisers reserve the right to vary or add to the above rules if and whenever necessary.

Arbitration and Sanction

The Competition Supervisory Board shall make corrections of misjudgments according to their decision regarding protests and take disciplinary action against the officials committing the misjudgment or any illegal behavior and the results of which shall be sent to the Secretariat of the STF. The Competition Supervisory Board shall also be entitled the Extraordinary Committee of Sanction concurrently at the competition for the matters in relation to competition management.

- 1) The STF President or Hon Secretary (in case of their absence, the Technical Delegate) may request the Extraordinary Committee of Sanction for deliberation when any of the following behaviors are committed by a coach or a contestant.
 - a) Interfering with the management of contest or stirring up the spectators for the same purpose.
 - b) Interfering with the operation of the competition conducted by the STF and the Organising Committee.
 - c) Spreading false rumor for the purpose of exerting an unwarranted influence on the judgement.
- 2) When judged reasonable, the Extraordinary Committee of Sanction shall deliberate over the matter and takes disciplinary action immediately. The result of deliberation shall be announced to the public and reported to the STF Secretariat afterwards.
- 3) The Extraordinary Committee of Sanction may summon the person concerned for confirmation of events.

Agreement

Our team agrees to abide by the guidelines.

CLUB

Full Name & Signature of Team Manager/Coach

Date